#### **Strategic Direction 4: Social and Emotional Wellness**

Goals: Increase child and adolescent health and wellness, including social and emotional wellness.

Promote effective parenting practices.

#### **Bright Futures**

http://brightfutures.aap.org/3rd\_Edition\_Guidelines\_and\_Pocket Guide.html

http://www.cdc.gov/ace/index.htm

# School Connectedness: Strategies for Increasing Protective Factors among Youth

http://www.cdc.gov/HealthyYouth/AdolescentHealth/pdf/connectedness.pdf

http://www.cdc.gov/HealthyYouth/index.htm

http://www.cdc.gov/ncbddd/disabilityandhealth/index.html

## Maternal, Infant and Child Health

14: Increase the proportion of children with special health care needs who receive their care in family-centered, comprehensive, coordinated systems.

**30:** Increase screening, evaluation, and early intervention in young children with developmental delays.

### Mental Health and Mental Disorders

**6:** Increase treatment for children with mental health problems

### Early and Middle Childhood

**5:** Increase use of positive parenting.

#### - Strategic Directions and Examples of CDC-Recommended Evidence- and Practice-Based Strategies Table

Implement effective positive youth	Communities that Care	Disability and Secondary Conditions 20: Increase intervention services in home or community-based settings for children with disabilities.  Adolescent Health 8: Increase the adolescents connected to a positive adult caregiver.
development and risk reduction	http://www.sdrg.org/CTCInterventions.asp	
approaches to improve adolescent health.		
	Raising Healthy Children	
	http://www.sdrg.org/rhcsummary.asp	
	<b>Review of studies with impressive outcomes,</b> Johns Hopkins School of Public Health	
	http://www.jhsph.edu/bin/i/h/gbg.pdf	
Social and Emotional Wellness Innovative	Recipient will provide	Recipient will link to
Interventions.		HP2020 objective

<sup>\*</sup>Complete Healthy People 2020 Objectives can be found at: <a href="http://www.healthypeople.gov/hp2020/Objectives/TopicAreas.aspx">http://www.healthypeople.gov/hp2020/Objectives/TopicAreas.aspx</a>
Additional guidance is available at <a href="http://www.cdc.gov">www.cdc.gov</a> and at specific programmatic links at the CDC website.